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Emergency First Aid At Work

Level 2 Award

A one day approved training course on
Emergency First Aid at Work

ASCG 
Active Solutions Consulting Group

Active First Aid





Emergency First Aid At Work

Level 2 Award (QCF)

(1 day)

Course Syllabus

- Role & Responsibilities of an Emergency First Aider
- Conducting a Scene Survey & Casualty Assessment
- Managing an Unresponsive Casualty
- Basic Life Support & CPR, including practical
- Choking
- Bleeding
- Shock
- Wounds
- Burns and Scalds
- Minor Injuries

Our Level 2 Award in Emergency First Aid at Work (QCF) is the latest new qualification for those wishing to become an **Emergency First Aider** in the workplace for the purposes of the HSE Health and Safety (First Aid) Regulations 1981.

The qualification is assessed via on-going oral questioning and practical demonstration. All successful students will be issued with an Emergency First Aid at Work Certificate, along with a wallet-sized plastic card detailing their qualification which is valid for a period of 3 years.

Learning Outcomes

By the end of the training session the attendees will be able to:

- Define their role as an emergency first aider.
- Describe how to minimise risks to themselves and others.
- Identify the need of establishing consent to provide first aid.
- Complete an accident report form, identify and safely use first aid equipment that should be available in the workplace.
- Conduct a scene survey, a primary assessment and call for help.
- Assess a casualty's level of consciousness, open a casualty's airway and check breathing.
- Explain the importance of the recovery position.
- Demonstrate how to place a casualty in the recovery position.
- Manage a casualty who is having a seizure.
- Recognise the need to commence Cardio Pulmonary Resuscitation (CPR) and Demonstrate how to administer CPR using a manikin.
- Describe how to identify and treat a choking casualty.
- Identify types of external bleeding and how to control bleeding.
- Recognise shock and how to manage a casualty who is in shock.
- Administer first aid to casualties with cuts, grazes, bruises, minor burns, scalds and small splinters.



Our Company

Active First Aid Training provides first aid training to organisations throughout the UK and Europe. customers at different locations across the United Kingdom and Europe. Our training courses and services are compliant with guidance criteria provided to employers by the UK HSE and in accordance with European Resuscitation Guideline protocols.

We are an approved training centre, offering employers and organisations a level of assurance, as recognised by the HSE, that means that our training courses, instructors and procedures are regulated and adhere to strict requirements for the issuing of awards under the UK Qualifications and Credit Framework (QCF) for vocational qualifications.

